

TECHNICAL SHEET

Olivier Roellinger Contest for the preservation of marine resources

NAME :	
Surname :	Gastronomical recipe
Name of the recipe	

Ingredient list				
	Qties	Unit	Price per unit	Total
<u>Seafood:</u>				
<u>Meat:</u>				
<u>Vegetables:</u>				
<u>Egg, butter, cheese...</u>				
<u>Other ingredients</u>				

Description

Cost	
Total cost	
Cost per plate	

Produced in	2h30
Number of plates	4

TECHNICAL SHEET

Olivier Roellinger Contest for the preservation of marine resources

NAME :	
Surname :	-
Name of the recipe	Home-made recipe

Ingredient list				
	Qties	Unit	Price per unit	Total
<u>Seafood:</u>				
<u>Meat:</u>				
<u>Vegetables:</u>				
<u>Egg, butter, cheese...</u>				
<u>Other ingredients</u>				

Description

Cost	
Dressing (2%)	
Total cost	
Cost per plate	

Produced in	30 min
Number of plates	4